

St Peter's Catholic Primary School



Nappy Changing Policy

March 2026

Chair of Governors Signature _____

Nappy Changing Policy

Policy statement

No child is excluded from participating in our Foundation Stage setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- All staff are responsible where possible for changing nappies and toileting/soiling accidents in their designated key person, group or year group.
- We encourage and support children who start toilet training. They may be wearing pull ups, other types of trainer pants or underwear as soon as they are comfortable with this.
- The changing area is warm with safe areas to lay children and good ventilation.
- Each child has their own bag or draw where possible, with their nappies or pull ups and changing wipes
- Nappy cream will not be applied to children due to child protection issues.
- Gloves and aprons are put on by staff before changing starts and the areas are prepared. The area is cleaned with anti-bacterial spray or wipe after each change.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, all staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- Children are encouraged to wash their hands, and have soap and hand towels to hand. They should be allowed time for some play as they explore the water and the soap.
- All staff are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- All staff do not make inappropriate comments about children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and pull ups are disposed of hygienically. All nappies or pull ups are bagged and put in appropriate PHS bins. Cloth nappies, trainer pants and ordinary pants/clothing that have been wet or soiled are bagged for the parent to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in our EYFS setting, this may constitute neglect and will be a disciplinary matter
- When undertaking a nappy change it is appropriate to make other staff aware of the task being undertaken.
- Pupils should be encouraged to act as independently as possible and to undertake as much of their own personal care as is possible and practicable. E.g. pulling own trousers up.
- A signed record should be kept of all nappy changes with a date, time, the motion, and signed by adult undertaking the nappy change