



**What I should already know:**

- I grew for 9 months in my mummy’s womb before I was born.
- The life cycle of a human is —baby, toddler, infant, teenager, adult, elderly person.
- Babies can’t talk. They will let you know something is wrong by crying.
- Safe strangers wear a uniform or a badge.
- A stranger is somebody who you don’t know.



**By the end of this unit:**

- Discuss what it means to belong to a community.
- Discuss hygiene and appropriate hygiene products, demonstrating their use.
- Understand my rights as a child.
- Understand and use language to describe feelings and emotions.
- Understand that privacy is a natural requirement.

**Key Facts at the end of the unit:**

- Belonging to your family is your first experience of a community of love.
- Personal hygiene is how we look after our bodies.
- Your body belongs to you.
- There are two types of touch: good and bad touch.
- No means No!
- There is an International Law called The Rights of the Child.

**RE Links:**

Know and understand that they are growing and developing in a God given community.

**Vocabulary**

<b>Children’s Rights</b>	The human rights of children
<b>Community</b>	The people living in one locality A group of people having cultural or other characteristics in common
<b>Emotions</b>	A strong feeling deriving from circumstances, mood or relationships with others
<b>Feelings</b>	An emotional state or reaction
<b>Germ</b>	A microorganism , especially one which causes disease
<b>Hygiene</b>	Conditions of practices o maintain health and preventing disease, especially through cleanliness
<b>NSPCC</b>	National Society for the Prevention of Cruelty to Children
<b>Privacy</b>	A state in which one is not observed or disturbed by other people
<b>Private Parts</b>	Genital parts that should be kept private
<b>UNICEF</b>	United Nations International Children’s Emergency Fund