

What I should already know:

Make healthy choices in relation to eating.

Experience of common fruits and vegetables, undertaking sensory activities e.g. appearance, taste and smell.

Share ideas for sandwiches based on own experiences.

Name some tools used to make sandwiches.

By the end of this unit:

Understand where a range of European food comes from.

Taste and evaluate a range of European sandwich ingredients.

Design appealing sandwiches and use basic principles of a healthy and varied diet to prepare dishes.

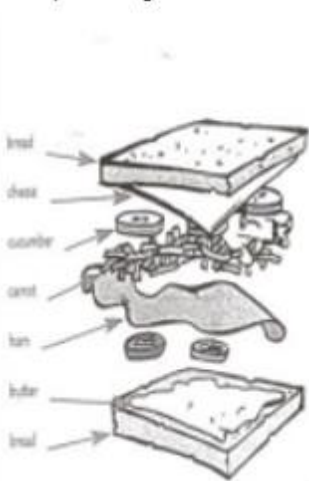
Use a range of equipment to make a sandwich.

Cut and prepare food safely and hygienically.

Evaluate end products against design criteria.

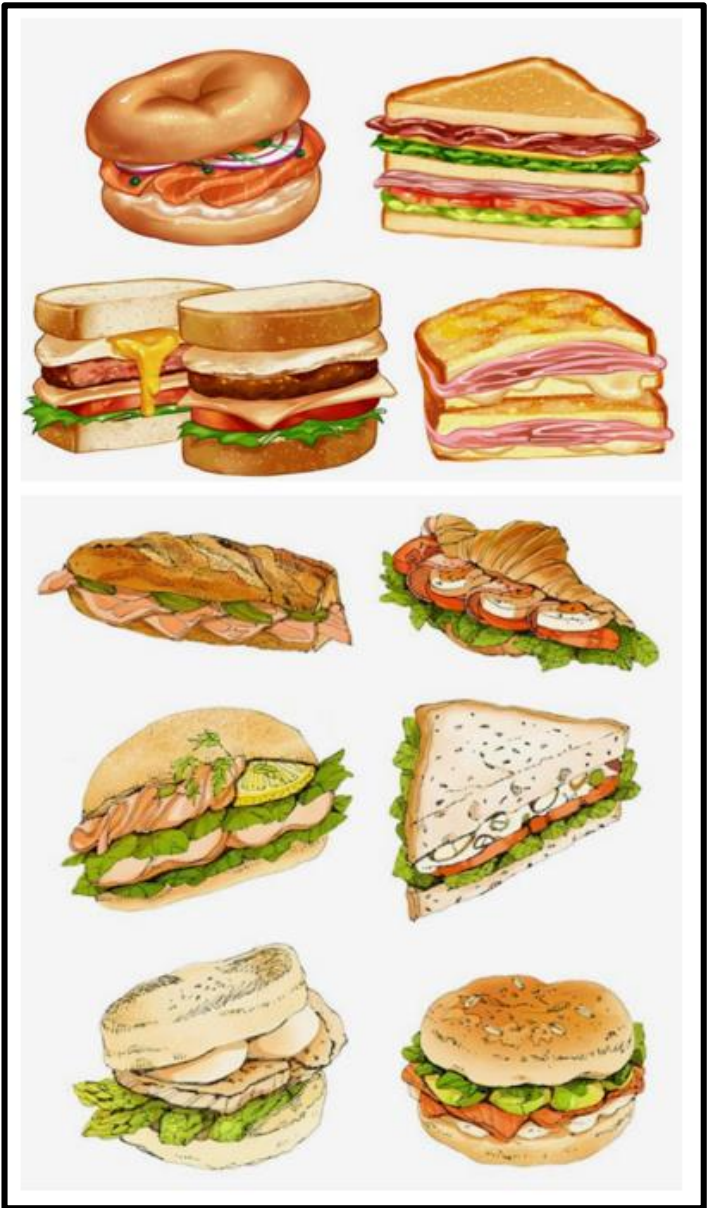
Year 2 Design Technology: European sandwiches

An exploded diagram



Key vocabulary

European	Arrange
Sandwich	Slice
Healthy	Spread
Balanced diet	Chop
Ingredients	Grate
Food groups	Evaluate



Balanced diet

