

### St Peter's Catholic Primary school. Physical Education.

At St Peter's we aim to provide high quality sports and physical education for all our pupils. We follow the National Curriculum for sport and P.E. through the Edsential scheme and aim to provide at least two hours per week of quality Physical Education for every pupil. We have successfully implemented the new scheme for PE and have adjusted our planning and provision to take account of this.

During the last twelve months we have taught the following activities; Games including Basketball, Football, Tag-Rugby, Tennis, Hockey, Tri-Golf, Rounders, Handball, Cricket and Dodgeball, Gymnastics, Athletics, Dance, Swimming, Karate, Outdoor Adventurous Activities and sports multi-skills. We have started up new extracurricular and lunchtime sports clubs for pupils in KS1 and KS2.

We have again been able to use part of our PE funding to provide our Foundation 2 and Key Stage 1 pupils with the opportunity to take part in a number of PE festivals this year. KS2 Pupils have been given the opportunity to improve dance skills through participation in Love Dance. Pupils across the school have been given the opportunity to represent the school in a number of football competitions. All pupils have taken part in virtual competitions, which has allowed 100% of pupils to compete with other schools across the Wirral. Year 1 had the individually highest scoring boy and girl for the Wirral.

All pupils have recently taken part in a very intense and enjoyable fitness fortnight, during which pupils were given the opportunity to do their personal best. The fortnight involved; French skipping, KS1 sports morning, Dance workshop, KS2 Sports morning, Circus workshop, Karate, First Aid, Fitness training, family circuits for KS1 and KS2 and sports afternoon.

Each year we hold a Health Awareness Week during which pupils are taught about healthy eating, the importance of an active lifestyle and are shown different games and sports. We started every day with our active five exercises for the whole school to get pupils into the right mind-set. Pupils are also fully involved in active playground, which takes place every day at lunchtime.

We encourage our pupils to take part in competitions including the football Corgi cup. Since September we have held a sponsored walkathon. We have participated in a range of sporting festival including Tennis, Team Building, Boxercise, tri-golf, Zumba, Multi-skills, Gymnastics, Dance, Martial Arts, Football, Cheer leading and Basketball.

We used part of our funding to have curriculum support from Edsential, who come into school for half termly slots to improve P.E. teaching across the school as well as support and guide staff. We are also developing close links with other primary schools in the area and hope to make use of the excellent facilities at our local secondary schools. For our Sports day we were able to go to St. Anselm's sports grounds and use their facilities. Edsential specialists have been in teaching a variety of extracurricular activities including Fitness, Karate, Athletics, and Tag Rugby.

Staff development and training forms an important part of our P.E. development plan. We are using part of our PE funding to participate in of an ongoing training programme delivering swimming, games, dance, gymnastics, lunch-time play leading and subject leadership. This will allow us to sustain the development of PE into the future. The scheme of work and assessment for pupils is well established across the school. An advisory teacher worked with four of our staff to improve their teaching in areas highlighted as well as areas from them. CPD courses have been attended in topics including Gymnastics and Swimming.

As a school, we remain committed to The Olympic values and continue to promote the values throughout lessons, the topics we teach directly link into British Values and work has had cross curricular links to the Olympics. We celebrate sporting effort and achievement in assemblies. Many of our pupils take part in out of school sports and we encourage and support these, including race for life with St Peter's joggers and

charity abseils. We have also celebrated sporting achievements with rewards and certificates in our end of year assembly.

If you have any questions about sport and P.E. at St Peter's, please contact myself or come to one of our drop in sessions and speak to a member of the senior leadership team.

P. McClements

Physical Education Co-ordinator.

July 2016