

For us, empty plates say it all! But don't just take our word for it...

*"It's great knowing they have had something decent and hearty to eat before they go and burn all their energy off again."* Parent

*"The cook does a better curry than my mum"*  
Pupil

*"The meals are great with a good choice. My son likes the choice also, he says he enjoys the meals and comes home telling me what he's had for lunch at school."* Parent

*"I'm not usually a fan of fish but I love the schools fish, it's really lovely and yummy."*  
Pupil

**Unsure if your child is eligible for free school meals?**

**You could save up to £500 per year, per child!**

**Search 'free school meals' on your local council's website to check your eligibility**

For further information about Edsential's Catering service:

Visit: [www.edsential.com](http://www.edsential.com)

Email: [hello@edsential.co.uk](mailto:hello@edsential.co.uk)

Call: 0151 541 2170



We're always on the look out for talented staff to join us.

Visit: [www.edsential.com/careers](http://www.edsential.com/careers)



CATERING

SUSTAINABLE SCHOOL MEALS



**The world's first certified sustainable palm oil catering company**



9-2990-19-100-00

# WELCOME TO LUNCH



## Why children love Edsential lunches

- Eating together helps develop social skills
- Discovering new dishes and tastes
- Helps children cope better with the physical and mental demands of the school day
- Bespoke school menus based on their favourite meals
- Children can make their own meal choices
- Fun theme days throughout the year

## Why parents and carers love Edsential lunches

- Well balanced meals meet the School Food Standards
- No packed lunch to buy and prepare!
- Meals are freshly prepared using quality ingredients
- Menus cater for most allergens, special, cultural, ethical and religious diets
- Excellent value for money

# OUR SCHOOL MEALS make a **WORLD** of difference

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>					
<b>CHOICE 1</b>	 Beef Burger served in a Bun with Potato Wedges & Seasonal Vegetables or Baked Beans	 Tomato & Mascarpone Cheese Pasta served with Garlic Bread & Seasonal Vegetables	 Roast of the Day served with Roast/Mashed Potatoes, Seasonal Vegetables & Gravy	 Chicken Korma served with Rice, Naan Bread & Seasonal Vegetables	 Battered Fish (MSC) served with Chips & Peas or Baked Beans
<b>VEGETARIAN VERSIONS OF THE ABOVE MEAL AVAILABLE DAILY</b>					
<b>CHOICE 2</b>	 Jackal Potato with a Selection of Fillings Served with a Side Salad	 Jackal Potato with a Selection of Fillings Served with a Side Salad	 Jackal Potato with a Selection of Fillings Served with a Side Salad	 Jackal Potato with a Selection of Fillings Served with a Side Salad	 Jackal Potato with a Selection of Fillings Served with a Side Salad
<b>CHOICE 3</b>	 Deli Choice of Breads with a Selection of Fillings Served with a Side Salad	 Deli Choice of Breads with a Selection of Fillings Served with a Side Salad	 Deli Choice of Breads with a Selection of Fillings Served with a Side Salad	 Deli Choice of Breads with a Selection of Fillings Served with a Side Salad	 Deli Choice of Breads with a Selection of Fillings Served with a Side Salad
<b>DESSERT</b>	 Ice Cream & Fruit	 Melting Moment	 Iced Sponge Cake	 Frozen Fruit Yoghurt	 Chocolate Krispie
<small>AVAILABLE EVERY DAY – UNLIMITED SALAD, FRESHLY BAKED BREAD, FRUIT YOGHURT &amp; FRESH FRUIT PLATTER. FOR ALLERGEN INFORMATION, PLEASE ASK ONE OF OUR CATERING TEAM. ALL THE ABOVE DISHES ARE SUBJECT TO AVAILABILITY.</small>					
<b>SAMPLE MENU - MENUS ARE UNIQUE BY SCHOOL</b> 					

**Did you know your child's school serves the most ethical and highest quality school meals in the UK?**  
We carefully source every bite to bring young people the most sustainable, seasonal, healthy and super tasty food!

